## As the Sword Grows: Individual Variation and Ontogenetic Effects of a Sexually Selected Trait on Locomotor Performance in Xiphophorus hellerii\*

Christopher E. Oufiero<sup>†</sup>
Kristine Jugo
Paulina Tran
Theodore Garland Jr.
Department of Biology, University of California, Riverside,
California 92521

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### ABSTRACT

Previous studies aimed at detecting costs of sexually selected traits have yielded mixed results partly because of variable methods. We present a novel approach: a repeated-measures design to examine individual variation in locomotor performance of male Xiphophorus hellerii as the sexually selected sword develops ontogenetically and to determine whether the growth of a sexually selected trait alters consistency of performance. Individual differences in sprint speed, critical swimming speed (stamina), and relative sword length were statistically repeatable over 9 wk. However, using the Akaike Information Criterion corrected for small sample sizes, the best-fit predictive models for swimming performance did not include sword length or relative sword length. Furthermore, in less supported models and within-week comparisons, there was no statistically significant effect of sword length on performance. These results suggest little effect of the sword on locomotor abilities, which is inconsistent with results from some previous experimental manipulations, possibly because compensatory traits develop ontogenetically in parallel with the sword. However, our results are consistent with correlational studies of natural variation that suggest no locomotor cost of the sword. These results do not necessarily imply a complete lack of a cost to the sword but rather lack of a functional cost for swimming performance.

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### Introduction

Sexual selection, driven by competition for mates or by mate choice, often results in the evolution of exaggerated behaviors or morphological structures (Andersson 1994). These traits evolve because they increase the reproductive success of the bearer and are assumed to incur a cost with respect to natural selection such that their evolutionary exaggeration will eventually stop. Detecting these putative costs has long been a goal of behavioral ecologists and evolutionary biologists (Kotiaho 2001). Costs have been examined in various taxa from several perspectives that have led to a variety of results (Kotiaho 2001; Oufiero and Garland 2007). The two most common ways to asses whether a putatively sexually selected trait is costly are to (1) experimentally manipulate the structure (Clark and Dudley 2009) and (2) compare individuals with naturally varying expressions of the trait (Wilson et al. 2010). Both approaches have led to conflicting results even within a single genus, such as Xiphophorus fish (Ryan 1988; Basolo and Alcaraz 2003; Royle et al. 2006; Kruesi and Alcaraz 2007; Baumgartner et al. 2011).

Xiphophorus are freshwater live-bearing fish found throughout Mexico and part of Central America. Males in several species exhibit an elongation of the lower margin of the caudal fin (sword) that is favored because of a preexisting female sensory bias (Basolo 1990, 1995), and it is one of the first examples of sexual selection proposed by Darwin (1871). Because the sword is physically linked to the thrust-producing system, several previous studies have sought to determine the energetic and locomotor costs associated with the trait. For example, completely removing the sexually selected sword through experimental manipulation in adult male Xiphophorus montezumae (the species with the longest sword) has suggested costs with respect to routine oxygen consumption and critical swimming speed (a measure of endurance; Basolo and Alcaraz 2003; Kruesi and Alcaraz 2007) but not for burst speed during a Cstart in Xiphophorus hellerii (Baumgartner et al. 2011). Correlational studies of natural variation in sword length (SW) suggest no cost to endurance in Xiphophorus nigrensis (Ryan 1988) and that it may even be beneficial to burst speed during a C-start in X. hellerii (Royle et al. 2006). These discrepancies may arise for a number of reasons, including most simply a lack of consistency in species and methods used. However, the discrepancy may also be due to the fact that completely removing the trait may alter the functional relationships of various traits that affect locomotion.

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<sup>†</sup> Corresponding author. Present address: Department of Evolution and Ecology, University of California, Davis, California 95616; e-mail: ceoufiero@ucdavis.edu.

The repeatability of a trait is important for several reasons (Boake 1989; Chappell et al. 1996; Dohm 2002; Garland 2010; Careau and Garland 2012). Perhaps most notably, if individual differences in behavior, performance, or any other trait are not consistent, then that trait is a "difficult" target for natural, sexual, or artificial selection. Several studies have assessed the repeatability of swimming performance in fish (Kolok 1992, 1999; Kolok et al. 1998; Reidy et al. 2000; Claireaux et al. 2007; Oufiero and Garland 2009; Handelsman et al. 2010; Marras et al. 2010, 2011) and of sexual signals in various taxa (Kotiaho et al. 1996; Jang et al. 1997). Other studies have examined the effect of sexual ornaments on swimming performance in fish (Nicoletto 1991; Basolo and Alcaraz 2003; Langerhans et al. 2005; Kruesi and Alcaraz 2007; Wilson et al. 2010; Baumgartner et al. 2011). However, no studies to date have examined the consistency of individual performance in relation to a sexually selected trait. That is, do individual differences in performance retain any statistical consistency during or after the development of a sexual ornament?

Here, we (1) present an alternative approach to detect potential costs of sexually selected traits by comparing males with and without the trait but without experimental manipulation and (2) assess the effect of the development of a sexual ornament on individual variation in locomotor performance. Using a repeated-measures design and an information-theoretic approach to statistical model selection, we determined whether sword length is an important predictor of two forms of locomotion during ontogenetic development in male green swordtails X. hellerii and whether individuals are consistent in performance as the sword develops. Furthermore, unlike many exaggerated morphological structures (e.g., eye stalks of flies; Swallow et al. 2000; Husak and Swallow 2011), the sword is directly linked to the thrust-producing system and presents an opportunity to examine functional morphological relationships in a system where the trait (sword) has evolved for purposes other than locomotion. If the sword is a functional cost and increases drag or energetic burden ontogenetically, then all else being equal, we expect males to have a reduction in locomotor performance as the sword grows, similar to experimental studies that removed the trait (Basolo and Alcaraz 2003; Kruesi and Alcaraz 2007) or correlational studies examining the effect of pregnancy on swimming (Plaut 2002).

### Methods

We used a total of 17 lab-born (approximately F3-4) male green swordtails (Xiphophorus hellerii) originating from Guatemala. Fish were fed ad lib. throughout development. At the first sign of maturation (development of the gonopodium, which is followed by development of the sword), they were removed from a 151-L stock aquarium, isolated individually in 9.46-L aquariums, and randomly assigned to either a control group (N =8) or an experimental group (N = 9). In the control group, males were tested for sprint speed and critical swimming speed  $(U_{crit})$  once before the sword developed and once after it was fully developed. In the experimental group, males were tested

for sprint speed and  $U_{\rm crit}$  weekly for ~9 wk after maturation. This allowed us to determine whether there were any changes in performance potentially due to sword growth and whether there were training effects in the experimental group. After each performance measure, males were anesthetized in buffered MS-222 (tricaine methanesulfonate) and had their standard length (SL; from the most anterior tip to the insertion of the caudal fin) and SW (from the most distal tip of the sword to where it met up with the edge of the caudal fin) measured to the nearest 0.01 mm using digital calipers. (Note that we also measured total length, body depth, and body mass, but we present results only for SL because it is a more commonly used size measure in fish and because preliminary model comparisons based on Akaike Information Criterion corrected for small sample sizes [AICc] showed no important differences when using the alternative size measures;  $\Delta AICc < 2$ , results not shown.) This method of size measurement has been shown to be repeatable in Poecilia reticulata, which are smaller than the fish used in this study (Oufiero and Garland 2009). After measurements, fish were returned to housing tanks. (See table A1 in the online edition of Physiological and Biochemical Biology for trait values per individual per week.)

### Performance Methods

Before each performance measure, fish were starved for at least 24 h. Sprint speed was measured using the experimental setup and methods described in Oufiero et al. (2011). In short, sprint speed was elicited by chasing males down a racetrack (91 cm [l]  $\times$  5.5 cm [w]  $\times$  15.8 cm [h]) with 12 sets of photocells (LS10 light screen, Banner Engineering, Minneapolis) each 5 cm apart spanning the middle 60 cm of the racetrack after a 5-min acclimation toward an area of refuge. The photocells were placed 18 cm from the starting end to allow the fish room to accelerate. As males sprinted, they broke the infrared beams emitted by the photocells, and a computer recorded the timing and calculated maximum velocity. We chased each male four times during each week. We used the highest 10-cm span (a total of three consecutive photocells) as an indication of a male's sprint speed. This method has been shown to be repeatable in Xiphophorus maculatus in this same experimental setup (Oufiero 2010).

Critical swimming speed is defined as the maximum velocity a fish maintains for a specific period of time ending in fatigue (Brett 1964; Beamish 1978). The experimental setup and procedures used were the same used in Oufiero and Garland (2009) and Oufiero et al. (2011). Fish were acclimated to a flow tunnel for 15 min at a low flow velocity (~3 cm s<sup>-1</sup>) to orient them to the direction of flow. The flow tunnel holds approximately 55 L of water, and the working area is 119.5 cm (l) × 15.3 cm (w) × 18.3 cm (h). Each fish was tested in a smaller area  $(12 \text{ cm } [1] \times 15.3 \text{ cm } [w] \times 11.5 \text{ cm } [h])$  within grating, which also served to attain laminar flow. After acclimation, the velocity of the water was increased 4.5 cm s<sup>-1</sup> every 3 min until the fish was fatigued. Fatigue was determined as the point when the fish would not remove itself from the back grating after

gently prodding with a net and tapping on the sides of the flow tunnel.  $U_{\rm crit}$  was calculated following the formula presented by Brett (1964) and Beamish (1978).  $U_{\rm crit}$  has been shown to be repeatable in this experimental setup in *Poecilia reticulata* (Oufiero and Garland 2009) and *X. maculatus* (Oufiero 2010).

### Statistical Analyses

To test for training effects on performance, we used repeated-measures ANCOVA comparing the first and last measure of the experimental group with the first and last measure of the control group. Training effects should cause higher values in the experimental group at the end of the experiment, evidenced by a week × group interaction. The repeated-measures model included SL, SW, and temperature as covariates; group, week, and the week × group interaction as fixed effects; individual as the within-subjects effect; and individual nested within group as a random effect (SAS PROC MIX, SAS, ver. 9.2).

We used a repeated-measures design to determine how size, SW, and performance change over time and whether SW affected performance. In all repeated-measures analyses, week was included as a fixed effect and individual fish (ID) as a random within-subjects effect. We first examined changes in SL and SW/SL (relative SW) with ID and week included as listed above. We then evaluated two models for SW using AICc (Burnham and Anderson 2002) to determine whether including the week × SL interaction gave a better-fitting model.

To determine whether performance changed over time and any effects of SL, relative SW (SW/SL), or SW, we first evaluated several candidate repeated-measures models using AICc based on maximum likelihood (ML) estimates (table A2 in the online edition of *Physiological and Biochemical Zoology*). If a trait (SL, SW, etc.) is important to changes in performance over time, then we would expect it to be retained in the best-fitting models. These models varied in the predictors (week, SL, SW, or SW/SL) and interactions that were included, but all included individual as a random within-subject effect and temperature as a fixed effect. AICc was calculated as

AICc = 
$$-2[\ln(\text{likelihood})] + 2k \times \left(\frac{N}{N-k-1}\right)$$
,

where k = the number of parameters in the model and N = the sample size. To calculate AICc, we used a sample size of 76 (77 for SW): nine individuals over 9 wk result in 81 individual × week samples, but we had missing data for five individual × week (table A1), resulting in a sample size of 76 (Olea 2009).

To test for the consistency of individual performance during the development of the sword, we tested the significance of the effect of individuals in the models through likelihood ratio tests (LRT) based on models estimated by restricted maximum likelihood (REML; table A3 in the online edition of *Physiological and Biochemical Zoology*). Therefore, for each statistical model presented in table A4 in the online edition of *Physiological and Biochemical Zoology*, we analyzed three variants: (1) a model

with ID as the random repeated measure with REML estimation to obtain estimates of the effects of the predictors presented in tables 1 and A4 as well as the  $-2 \log$  likelihood with ID included presented in table A3 to estimate the effect of including individual in the model presented in tables 1 and A4; (2) a model with the random repeated-measure effect of ID excluded with REML estimation to obtain the  $-2 \log$  likelihood without ID as presented in table A3 to determine the effect of including individual in the model as presented in tables 1 and A4; and (3) a model with the random repeated-measure effect of ID

Table 1: Results from repeated-measures ANOVAs and ANCOVAs examining the experimental group (N = 9 individuals) throughout sword development

Trait and effect	F (df) or LRT	P
SL:		
Week	24.65 (8, 60)	<.0001
ID	LRT = 120.6	<.0001
SW/SL:		
Week	35.91 (8, 60)	<.0001
ID	LRT = 107.8	<.0001
SL:		
Week	4.10 (8, 59)	<.0001
SL	23.02 (1, 59)	<.0001
ID	LRT = 60.9	<.001
$U_{ m crit}$ :		
SL	.89 (1, 65)	.3479
Temperature	9.23 (1, 65)	.0034
ID	LRT = 9.7	.0078
$U_{ m crit}$ :		
Week	2.42 (8, 58)	.0250
Temperature	17.90 (1, 58)	<.0001
ID	LRT = 8.8	.0123
$U_{ m crit}$ :		
Week	2.60 (8, 57)	.0171
SL	2.26 (1, 57)	.1380
Temperature	16.55 (1, 57)	.0001
ID	LRT = 7.4	.0247
Sprint speed:		
SL	2.95 (1, 65)	.0907
Temperature	1.25 (1, 65)	.2681
ID	LRT = 8.8	.0123

Note.  $U_{\rm crit}=$  critical swimming speed; SL = standard length; SW = sword length. The best-fit models based on Akaike Information Criterion corrected (see table A2 in the online edition of *Physiological and Biochemical Zoology*) are presented for SW,  $U_{\rm crit}$ , and sprint speed. LRT indicates likelihood ratio test for significance of individual fish (ID) included as a random effect (see table A3 in the online edition of *Physiological and Biochemical Zoology* for details). For all traits, the effect of individual is statistically significant, thus demonstrating some consistency of individual differences across this period of ontogenetic development. Significant predictors are shown in bold.

with ML estimation to calculate the AICc scores as presented in table A2. We also used Kendall's coefficient of concordance (e.g., Bennett 1980), which uses the rank order of individual values across all measures, to determine whether traits were repeatable over the 9 wk.

We present the effects of the predictors for best models based on AICc in the main text of the article and the effect of candidate predictors in all models in table A4. We also obtained residuals for each performance within each week and examined multiple regression of residual performance on relative SW (SW/SL) and temperature to determine whether SW is affecting performance within each week.

### Results

We found no differences between the control group and the experimental group for SL, SW, SW/SL, or performance values (table A5; fig. A1 in the online edition of *Physiological and Biochemical Zoology*). Therefore, the experimental procedure did not cause substantial training effects.

In the experimental group, males grew approximately 15%

in SL (figs. 1*A*, 2*A*) over 9 wk (32.69  $\pm$  0.63 to 38.75  $\pm$  0.76 mm, mean  $\pm$  SE), while their swords increased to a much greater extent (from 1.60  $\pm$  0.34 to 15.78  $\pm$  1.20 mm; figs. 1*B*, 2*B*). Comparison of two repeated-measures models for SW indicated that a model with week and SL was the best fit based on AICc (tables 1, A2). Furthermore, both the LRT for the effect of individual and Kendall's coefficient of concordance (*W*) were significant for SL (W = 0.8660, P < 0.0001), relative SW (W = 0.7471, P < 0.0001), and SW (W = 0.6646, P < 0.0001; fig. 2; tables 1, A3).

Evaluating candidate models for  $U_{\rm crit}$  revealed three supported models ( $\Delta {\rm AICc}$  < 2; tables 1, A2). In all three models, neither SW nor relative SW was included, performance increased after week 3 (fig. 1C), and individual fish varied significantly (W=0.4243, P=0.0018; table 1; fig. 2D). For sprint speed (figs. 1D, 2E), the best-fit model included only SL and temperature (table 1) with a significant individual effect (W=0.3372, P=0.0096; fig. 2E) and nonsignificant size effect (table 1; fig. 3B). Similar results were obtained for less supported models (table A4).

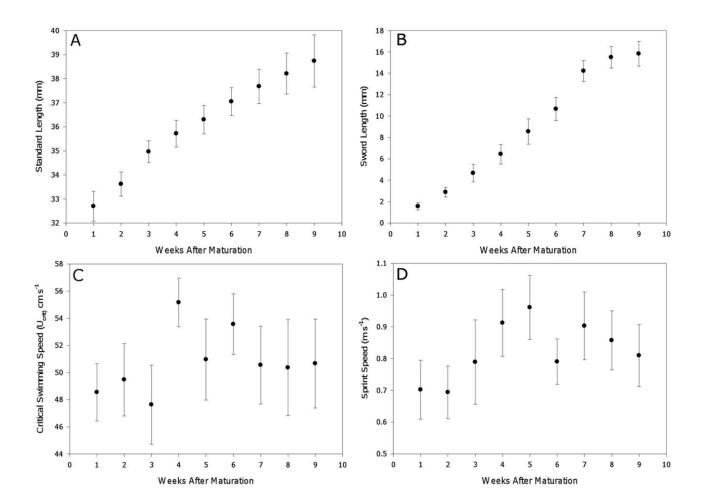


Figure 1. Ontogenetic changes in (A) standard length, (B) sword length, (C) critical swimming speed, and (D) sprint speed. Note that the pattern of change in performance does not parallel the change in either body size or standard length. Points represent means  $\pm$  1 SE.



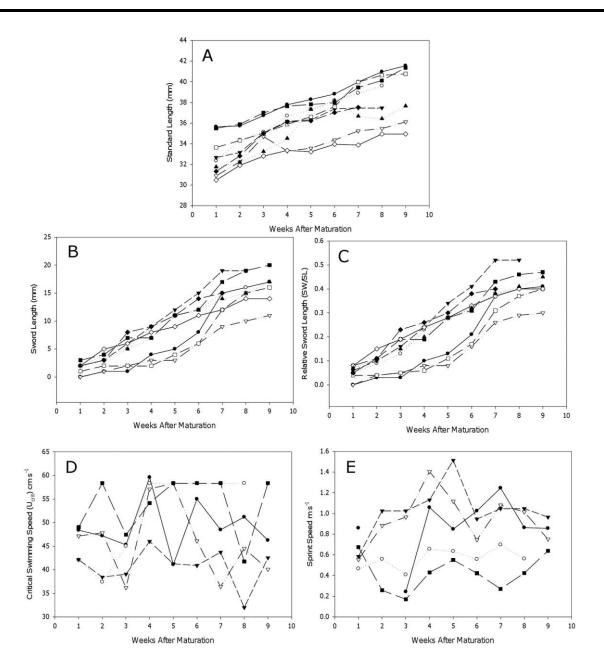


Figure 2. Ontogenetic changes in (*A*) standard length (SL), (*B*) sword length (SW), (*C*) relative sword length (SW/SL), (*D*) critical swimming speed ( $U_{crit}$ ), and (*E*) sprint speed within individuals. *A*, *B*, and *C* show changes in SL, SW, and SW/SL among all individuals in the experimental group. For clarity, *D* and *E* show individual variation only among five individuals (same individuals in each plot). All traits were significantly repeatable over the 9 wk based on Kendall's coefficient of concordance (SL: 0.8660, P < 0.0001; SW: 0.6646, P < 0.0001; SW/SL: 0.7471, P < 0.0001;  $U_{crit}$ : 0.4243,  $U_{crit}$ : 0.4243,

Within-week multiple regressions (table 2) revealed no significant or consistent negative effect of relative SW (SW/SL) on either performance measure except during week 4 for sprint speed. Similar results were obtained in multiple-regression models with SW instead of relative SW included (results not shown). Therefore, throughout development, SW does not seem to be consistently detrimental to locomotor performance.

### Discussion

Ontogenetic changes in locomotor performance can be the result of any number of factors, including simply increases in body size (Garland and Else 1987; Bennett et al. 1989; Carrier 1996). Based on allometric relationships in fish, performance should increase ontogenetically in a fairly consistent fashion

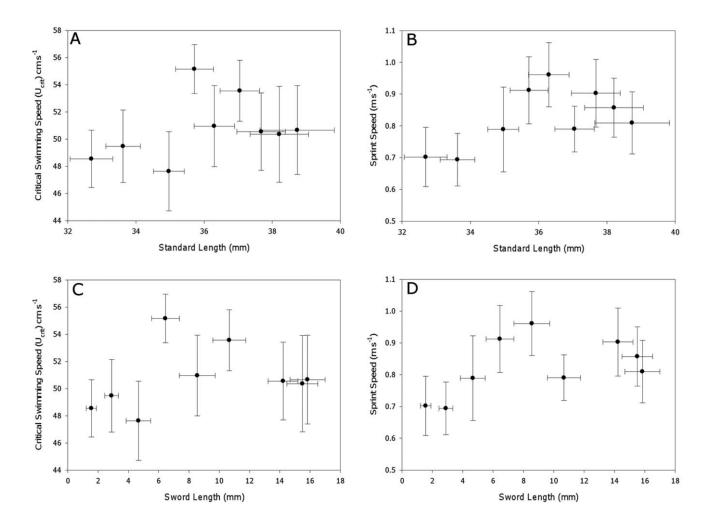


Figure 3. Relationships of standard length to (A) critical swimming speed ( $U_{crit}$ ) and (B) sprint speed and of sword length to (C)  $U_{crit}$  and (D) sprint speed. Points represent means for each week  $\pm$  SE for each trait.

(Goolish 1991). However, the development of a sexually selected trait, such as the sword of male *Xiphophorus hellerii*, could alter the expected ontogenetic scaling. To our knowledge, no previous study has used longitudinal sampling to examine the development of locomotor performance in relation to a sexually selected trait that might impose a cost; however, this approach is similar to studies examining the effects of pregnancy on locomotor performance (Plaut 2002).

Following sexual maturation, our experimental fish grew continuously in body size across the 9-wk study period (fig. 1A), and sword size increased for approximately eight of those weeks (fig. 1B), reaching sizes consistent with previous studies with the same species (Baumgartner et al. 2011). All else being equal, body size and sword size, as developmental traits, should have positive and negative effects on locomotor performance, respectively. Both  $U_{\rm crit}$  (fig. 1C) and sprint speed (fig. 1D) increased across the study period, but the patterns of increase were more complicated than for body size or SW. Although this pattern of increase suggests that SW may be altering allometric relationships, results from AICc suggest that SW is

not an important predictor of either performance (table A2). Furthermore, repeated-measures analyses did not indicate any effect of SL (fig. 3A, 3B), SW (fig. 3C, 3D), or relative SW on either performance measure (table 1). Finally, results from within-week comparisons revealed no consistent significant negative effect of SW on swimming performance (table 2). Overall, these results suggest that as the sword develops, it does not cause an important decrease in locomotor abilities either across weeks as fish grow or within weeks at the level of individual variation.

As noted in the "Introduction," the repeatability of locomotor performance and potential effects of body size have been documented for various species of fish in previous studies (Kolok 1992, 1999; Kolok et al. 1998; Reidy et al. 2000; Claireaux et al. 2007; Oufiero and Garland 2009; Handelsman et al. 2010; Marras et al. 2010, 2011). We found statistically significant consistency of individual differences for both performance traits as evidenced by a significant difference in model fit with and without the individual effect (tables 1, A3) and the separation of individual ontogenetic trajectories shown in figure 2

Table 2: Multiple regressions for each week separately to determine the effect of relative sword length (sword length/standard length [SW/SL]) on residual critical swimming speed ( $U_{\rm crit}$ ) and sprint speed, with temperature included as an additional independent variable

	Partial regression			
Week and trait	coefficient	F	df	P
Residual U <sub>crit</sub> :				
1:				
Temperature	1.398	.076	2, 7	.794
SW/SL	-103.351	2.066	2, ,	.210
2:	103.331	2.000		.210
Temperature	-2.225	1.489	2, 8	.268
SW/SL	-51.917	.701	2, 0	.435
3W/SL 3:	-31.917	.701		.433
	2 000	2 220	2.0	105
Temperature	-2.909	2.238	2, 8	.185
SW/SL	-38.815	1.059		.343
4:			• •	
Temperature	-2.186	4.428	2, 8	.080
SW/SL	-46.060	4.824		.070
5:				
Temperature	-3.510	5.185	2, 8	.063
SW/SL	12.136	.186		.682
6:				
Temperature	-4.757	16.438	2, 8	.007
SW/SL	-47.860	5.294		.061
7:				
Temperature	-2.737	5.211	2, 8	.063
SW/SL	37.128	1.620	,	.250
8:	******			
Temperature	-1.665	.775	2, 7	.419
SW/SL	-42.663	.423	2, /	.544
9:	42.003	.423		.511
	1 520	2.759	2, 5	.195
Temperature SW/SL	-1.530		2, 3	
	3.272	.016		.908
Residual sprint speed:				
1:	0.50	• • •	• •	
Temperature	.059	.240	2, 8	.642
SW/SL	4.378	.608		.465
2:				
Temperature	.108	3.236	2, 7	.132
SW/SL	655	1.231		.318
3:				
Temperature	.110	1.486	2, 8	.269
SW/SL	.540	.069		.801
4:				
Temperature	030	.747	2, 8	.421
SW/SL	-2.982	10.546	•	.018
5:				
Temperature	.062	2.024	2, 8	.205
SW/SL	.288	.093	2, 0	.771
6:	.200	.073		.//1
	015	020	2 0	072
Temperature	.015	.028	2, 8	.872
SW/SL	-1.104	.918		.375
7:	0	a=-	• •	=
Temperature	019	.370	2, 8	.565
SW/SL	-1.573	2.675		.153

Table 2 (Continued)

Week and trait	Partial regression coefficient	F	df	P
8:				
Temperature	015	.187	2, 7	.684
SW/SL	-1.232	.535		.497
9:				
Temperature	.045	2.677	2, 5	.200
SW/SL	-1.791	1.504		.308

Note. Similar results obtained from models with sword length. Significant predictors (P < 0.05, unadjusted for multiple comparisons) are in bold.

(and Kendall's coefficient of concordance reported in the legend). Thus, despite growth of the sword and increases in SL, both  $U_{crit}$  and sprint are significantly repeatable, consistent with previous studies of fishes that have examined short-term repeatability (see Oufiero and Garland 2009 for references). Furthermore, although SL was retained in the best-fit models for both performance measures, suggesting it is important to individual variation in performance, it was not a statistically significant predictor of performance based on partial F-tests (table 1). The lack of a significant effect of size on performance is consistent with previous studies on both performance measures in fish intraspecifically and may be due to a relatively small variation of size in males used in this study. For example, using the same experimental procedure and apparatus, Oufiero and Garland (2009) and Oufiero et al. (2011) found no statistical effect of SL on  $U_{crit}$  within either Poecilia reticulata or Rivulus hartii. Others have also found a lack of a size effect on U<sub>crit</sub> in other species of fish (Kruesi and Alcaraz 2007; Handelsman et al. 2010). Although Oufiero et al. (2011) found a significant size effect on sprint speed using the same setup and apparatus as here, their size range of fish was larger (34.07-77.78 mm in Oufiero et al. 2011 vs. 30.47-43.18 mm in this study). Furthermore, Handlesman et al. (2010) found no statistical effect of size on sprint speed in Dicentrarchus labrax. Therefore, individual differences in locomotor performance can generally be demonstrated within populations of fish, and there seem to be minimal effects of body size on performance when the range of body sizes is small.

Because the sword is directly linked to the thrust-producing system, it has the potential to alter functional (mechanistic) relationships and affect locomotor performance. However, one of the interesting results regarding the cost of the sexually selected sword in Xiphophorus is that experimental manipulations demonstrate a cost to aerobic performance (Basolo and Alcaraz 2003; Kruesi and Alcaraz 2007), but natural variation (Ryan 1988) and our ontogenetic study do not. Although the discrepancy may be attributable to differences in species or methods (Kotiaho 2001; Oufiero and Garland 2007), it may also be an indication of how the trait is interacting with other aspects of the organism. Removing the sword may decrease routing oxygen consumption (Basolo and Alcaraz 2003) and increase U<sub>crit</sub> (Kruesi and Alcaraz 2007); however, in backward stepwise regression analysis, Kruesi and Alcaraz (2007) found that SW

was not retained in the models and that there was no significant negative effect of the sword on  $U_{crit}$ , similar to our ontogenetic results (tables 1, 2). These results suggest that compensatory traits may be developing in conjunction with the sword, thus enabling males to avoid a performance decrement (Kirkpatrick 1987; Oufiero and Garland 2007; Husak and Swallow 2011). Such compensatory traits might include heart size or rate, muscle size or fiber-type composition, innervation, or any factor that altered tail-beat frequency or kinematics. However, when the sword is removed, males may perform better because they are accustomed to swimming with the structure and may essentially be "training"; therefore, when it is completely removed, they are freed from its burden. In fact, this type of "resistance" training is often used and has proven to increase performance in human athletes (Bird et al. 2005).

Our results regarding sprint speed are consistent with both experimental reductions of SW on burst speed during a C-start (Baumgartner et al. 2011) and natural variation in SW and burst speed (Royle et al. 2006). Therefore, results to date suggest that even if the sword is increasing drag, the effect is not large enough to reduce anaerobic locomotor performance to a measurable extent.

Although our results suggest no developmental cost of the sword with respect to locomotor abilities, other costs may exist. For example, males may have a reduced survival compared with females due to increased conspicuousness and not due to a reduction in locomotor performance. In fact, studies have demonstrated a repeated correlation of sword reduction with the presence of predators (Basolo and Wagner 2004) and that females as well as predators prefer males with longer swords (Rosenthal et al. 2001). Costs may also occur through increased metabolic demands throughout life and via shorter life spans in males with longer swords. However, no study has yet examined these types of costs. Therefore, a lack of locomotor costs does not necessarily translate into a lack of fitness costs.

One of the most common assumptions across hypotheses for the evolution and maintenance of sexually selected traits is that they entail a cost (Kotiaho 2001). Although costs can be examined in various ways (Oufiero and Garland 2007), few studies have examined the ontogenetic effects of sexually selected traits via repeated measures of individuals. Such an approach allows the comparison of males with and without the structure but without the use of experimental manipulation

and may be particularly useful in cases where the trait cannot be physically altered. Using this approach, we found that as the sword develops in the swordtail X. hellerii, it does not adversely affect either  $U_{\rm crit}$  or sprint speed and that individual differences in performance are statistically consistent in spite of variable sword development.

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# Appendix from C. E. Oufiero, K. Jugo, P. Tran, and T. Garland Jr., "As the Sword Grows: Individual Variation and Ontogenetic Effects of a Sexually Selected Trait on Locomotor Performance in *Xiphophorus hellerii*"

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## Supplemental Figure and Tables

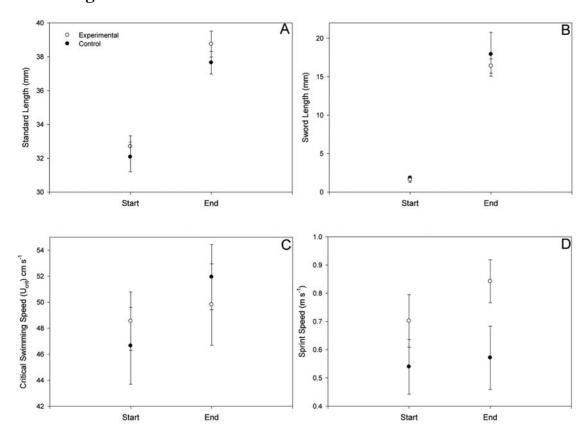


Figure A1. Plots showing the change in (A) standard length, (B) sword length, (C) critical swimming speed ( $U_{crit}$ ), and (D) sprint speed between the control group and the experimental group. "Start" represents when males were mature but the sword was not developed; "end" was the last week. Points represent means  $\pm$  SE.

Table A1. Raw trait values for each individual throughout the experiment

Table	e A1. R	aw trait values	s for each individua	l throughout t	he experiment			
ID	Week	Sprint speed (m s <sup>-1</sup> )	Critical swimming speed (cm s <sup>-1</sup> )	Total length (mm)	Standard length (mm)	Body depth (mm)	Sword length (mm)	Body mass (g)
E1	1	.8592	48.385	46.73	35.64	11	0	1.091
E2	1	.3231	58.36	38.97	30.89	9.56	0	.753
E3	1	.5838	42.1495	46.54	35.49	12.15	2.97	1.149
E4	1	.5542	47.16	43.54	33.64	10.32	1.36	.972
E7	1	1.0356		41.19	31.32	10.12	1.6	.829
E8	1	.6738	49.036	40.36	30.47	9.15	2.44	.723
E9	1	1.1997	43.871	40.76	31.76	8.64	2.35	.785
E10	1	.6226	57.334	42.43	32.36	10.15	1.71	.947
E11	1	.4662	42.094	42.23	32.67	9.31	1.93	.88
E1	2		47.209	27.54	35.73	10.9	1.13	1.175
E2	2	.7539	58.36	41.25	32.24	9.43	1.27	.803
E3	2	1.0248	38.445	46.75	35.89	11.07	4.03	1.138
E4	2	.8823	47.86	44.91	34.31	10.4	1.53	.923
E7	2	.9109	49.311	43.13	32.82	10.64	3.48	.952
E8	2	.2569	58.36	40.92	31.9	9.11	4.8	.813
E9	2	.5494	49.986	41.23	32.21	9.53	3.58	.905
E10	2	.6149	58.36	44.58	34.35	10.07	2.98	1.106
E11	2	.559	37.418	42.96	33.15	9.3	3.29	.868
E1	3	.2432	45.285	48.98	36.73	10.9	1.13	1.175
E2	3	1.0248	58.36	42.36	34.69	9.83	1.81	.856
E3	3	1.0248	39.07	48.36	37	11.63	6.94	1.347
E4	3	.9645	36.195	46.63	35.03	10.45	1.65	1.103
E7	3	1.2297	40.595	45.54	35	11.51	7.89	1.214
E8	3	.1702	47.434	42.61	32.8	9.92	6.11	.819
E9	3	.9551	58.36	42.37	33.25	9.5	4.96	.9
E10	3	1.0811	58.36	45.12	35.14	10.26	4.65	1.162
E11	3	.4082	45.036	44.78	35.05	10.32	5.76	.967
E1	4	1.0578	59.61	50.94	37.78	12.58	3.86	1.359
E2	4	.9459	58.36	43.18	33.29	10.95	2.72	.908
E3	4	1.1308	46.025	49.64	37.64	11.84	7.23	1.318
E4	4	1.4054	57.1105	47.63	35.89	11.39	2.14	1.15
E7	4	.5435	46.11	46.95	36.11	11.51	9.36	1.31
E8	4	.4296	54.162	42.83	33.35	9.99	8.16	.975
E9	4	.8984	58.36	44.48	34.52	10.61	7.06	1.01
E10	4	1.1439	58.36	46.83	36.7	10.1	8.61	1.285
E11	4	.6559	58.36	46.27	36.17	9.72	8.73	1.087
E1	5	.8481	41.12	50.97	38.29	13.25	4.89	1.349
E2	5	.787	39.02	43.96	33.56	10.73	2.82	.922
E3	5	1.5135	41.27	49.92 48.05	37.81	11.57	10.65	1.299
E4 E7	5 5	1.1179 1.1054	58.36 45.436		36.61	11.85	4.2	1.097
	5			47.66	36.22	11.86 9.69	10.87	1.38
E8 E9	5	.5496 1.1997	58.36 58.36	43.61 48.27	33.22 37.33	10.56	9.28 10.61	.947 1.285
E10	5	.8943	58.36	48.29	37.33	10.56	10.61	1.285
E10	5	.6347	58.36	47.79	36.31	10.30	12.32	1.148
E11	6	1.0248	55	50.45	38.82	12.42	8.26	1.407
E2	6	.9025	58.36	43.96	34.36	10.65	5.53	.956
E3	6	.9459	40.919	50.09	37.97	12.18	11.84	1.341
E4	6	.7454	46.111	49.32	37.59	11.89	6.3	1.221
E7	6	.6226	48.235	47.63	37.02	10.99	14.01	1.348
E8	6	.4222	58.36	43.89	33.95	10.27	11.35	.989
E9	6	1.0142	58.36	49.6	38.18	11.25	12.39	1.398
E10	6	.8784	58.36	49.6	38.18	11.25	12.39	1.398
E10	6	.5574	58.36	48.36	37.37	10.06	15.28	1.181
E1	7	1.2453	48.487	53.08	39.99	12.06	14.65	1.517
E2	7	.8481	40.919	46.17	35.24	10.13	9.19	.985
E3	7	1.0466	43.718	51.47	39.45	11.37	17.07	1.493
E4	7	1.0400	36.44	51.59	39.97	11.74	12.23	1.497
E7	7	.7808	51.984	48.12	37.52	11.12	14.96	1.323
E8	7	.2703	58.36	44.67	33.87	9.68	12.4	1.06
E9	7	.8267	58.36	47.68	36.68	10.26	13.79	1.191
E10	7	1.3294	58.36	50.48	38.91	10.75	14.76	1.533
0	•	0=/ !	20.20	500	55.71	105	10	1.000

Table A1 (Continued)

ID	Week	Sprint speed (m s <sup>-1</sup> )	Critical swimming speed (cm s <sup>-1</sup> )	Total length (mm)	Standard length (mm)	Body depth (mm)	Sword length (mm)	Body mass (g)
E11	7	.6977	58.36	49.13	37.47	11.42	19.35	1.188
E1	8	.863	51.187	54.34	40.97	13.13	16.47	1.621
E2	8	.7568	58.36	45.95	35.47	10.63	10.14	1.093
E3	8	1.0466	31.996	53.31	40.13	12.76	18.54	1.551
E4	8	1.0142	44.519	52.96	40.64	11.7	14.86	1.585
E8	8	.4231	41.77	45.29	34.94	9.41	14.15	1.054
E9	8	1.1997	58.36	47.9	36.43	10.46	15.03	1.221
E10	8	.9937	58.36	51.22	39.61	12.22	15.99	1.652
E11	8	.5622	58.36	49.13	37.47	11.42	19.35	1.188
E1	9	.8555	46.26	53.87	41.56	13.62	16.85	1.591
E2	9	1.0356	58.36	46.98	36.11	10.73	10.91	1.134
E3	9	.9645	42.544	53.4	41.37	13.15	19.54	1.562
E4	9	.751	40.118	53.65	40.77	12.83	16.32	1.627
E8	9	.6388	58.36	45.29	34.94	9.41	14.15	1.054
E9	9	.341	58.36	48.7	37.66	11.02	16.91	1.375

**Table A2.** Comparison of repeated-measures models using the Akaike Information Criterion corrected for small sample sizes (AICc)

Predictors	−2 ln likelihood	Ln ML	Parameters	N	AICc	ΔAICc	Akaike weight
SW:							
Week SL	224.96	-112.48	13	77	256.74	.00	1.000
Week SL week × SL	214.41	-107.20	21	77	273.21	16.47	.000
$U_{ m crit}$ :							
SL temperature <sup>a</sup>	499.37	-249.68	6	76	512.58	.00	.289
Week temperature <sup>a</sup>	480.84	-240.42	13	76	512.71	.12	.272
Week SL temperature <sup>a</sup>	478.31	-239.15	14	76	513.19	.61	.213
Week SW/SL temperature	480.77	-240.39	14	76	515.66	3.07	.062
Week SL SW/SL temperature	478.30	-239.15	15	76	516.30	3.72	.045
Week SL SW/SL week × SW/SL							
temperature	461.87	-230.94	23	76	529.10	16.52	7.484 (E-05)
Week SL SW/SL week × SL							
temperature	472.73	-236.36	23	76	539.96	27.37	3.286 (E-07)
Week SW temperature	480.45	-240.22	14	76	515.33	2.75	.073
Week SL SW temperature	478.29	-239.15	15	76	516.29	3.71	.045
Week SL SW week × SW							
temperature	463.88	-231.94	23	76	531.11	18.53	2.743 (E-05)
Week SL SW week × SL							
temperature	472.74	-236.37	23	76	539.97	27.38	3.274 (E-07)
Sprint Speed:							
SL temperature	4.89	-2.44	6	76	18.11	.00	.985
Week temperature	-3.06	1.53	13	76	28.81	10.71	.005
Week SL temperature	-5.30	2.65	14	76	29.59	11.48	.003
Week SW/SL temperature	-4.40	2.20	14	76	30.48	12.38	.002
Week SL SW/SL temperature	-7.17	3.58	15	76	30.83	12.73	.002
Week SL SW/SL week × SW/SL							
temperature	-21.19	10.60	23	76	46.04	27.93	8.467 (E-07)
Week SL SW/SL week × SL							
temperature	-16.30	8.15	23	76	50.93	32.83	7.337 (E-08)
Week SW temperature	-3.92	1.96	14	76	30.96	12.86	.002
Week SL SW temperature	-6.84	3.42	15	76	31.16	13.05	.001
Week SL SW week × SW							
temperature	-20.56	10.28	23	76	46.67	28.56	6.180 (E-07)
Week SL SW week × SL							, ,
temperature	-16.14	8.07	23	76	51.09	32.99	6.765 (E-08)

Note.  $U_{\text{crit}} = \text{critical}$  swimming speed; SL = standard length; SW = sword length; ML = maximum likelihood. The best model for each dependent variable (based on lowest AICc) is in bold, and their results are presented in table 1.

 $<sup>^{</sup>a}$ These models are equally supported and are considered because their  $\Delta AICc$  is not >2.

**Table A3.** Likelihood ratio tests (LRT) with a critical value of 5.99 with 2 df for the various repeated-measures models

Dependent variable (independent predictor variables)	−2 ln likelihood REML with ID included	−2 In likelihood REML without ID included	LRT	P (df = 2)
SL (week)	180.9	301.5	120.6	<.0001
SW:				
Week, SL	282.2	343.1	60.9	<.0001
Week, SL, SL × week	231.2	332.6	101.4	<.0001
SW/SL (week)	256.6	148.8	107.8	<.0001
$U_{ m crit}$ :				
SL, temperature	496.4	506.1	9.7	.0078
Week, temperature	450.8	459.6	8.8	.0123
Week, SL, temperature	447.8	455.2	7.4	.0247
Week, SW/SL, temperature	443.4	447.9	4.5	.1054
Week, SL, SW/SL, temperature	440.4	445.1	4.7	.0954
Week, SL, SW/SL, week × SW/SL,				
temperature	354.3	358.9	4.6	.1003
Week, SL, SW/SL, week × SL, temperature	416.8	420.3	3.5	.1738
Week, SW, temperature	450.5	454.3	3.8	.1496
Week, SL, SW, temperature	447.7	452.5	4.8	.0907
Week, SL, SW, week × SW, temperature	421.2	425.3	4.1	.1287
Week, SL, SW, week × SL, temperature	424	427.5	3.5	.1738
Sprint speed:				
SL, temperature	22	30.8	8.8	.0123
Week, temperature	31.1	46.1	15	.0006
Week, SL, temperature	34.6	41.8	7.2	.0273
Week, SW/SL, temperature	28.9	42.9	14	.0009
Week, SL, SW/SL, temperature	32	39.6	7.6	.0224
Week, SL, SW/SL, week × SW/SL,				
temperature	-1.5	6.1	7.6	.0224
Week, SL, SW/SL, week × SL, temperature	56.8	62.5	5.7	.0672
Week, SW, temperature	36.7	50.5	13.8	.001
Week, SL, SW, temperature	39.7	47.1	7.4	.0247
Week, SL, SW, week × SW, temperature	64.4	71.9	7.5	.0235
Week, SL, SW, week × SL, temperature	64.1	69.9	5.8	.055

Note.  $U_{\rm crit}$  = critical swimming speed; SL = standard length; SW = sword length; REML = restricted maximum likelihood. Likelihoods obtained from REML estimates in SAS PROC MIXED with and without individual included in the model to determine its effect.

**Table A4.** Results from repeated-measures ANOVAs and ANCOVAs examining the experimental group (N = 9 individuals) throughout sword development among all statistical models

Trait and effect	E (df) or LPT	P
-	F (df) or LRT	Г
SL:	24.65 (9.60)	- 0001
Week ID	24.65 (8, 60) $LRT = 120.6$	<.0001 <.0001
SW: <sup>a</sup>	LK1 - 120.0	<.0001
Week	14.10 (8, 59)	<.0001
SL	23.02 (1, 59)	<.0001
ID	LRT = 60.9	<.001
SW:		
Week	.66 (8, 51)	.7269
SL	18.73 (1, 51)	<.0001
Week × SL	1.07 (8, 51)	.3959
ID	LRT = 101.4	<.0001
SW/SL:	25.01 (0. (0)	0001
Week	35.91 (8, 60) LRT = $107.8$	<.0001
$\stackrel{ ext{ID}}{U_{ ext{crit}}}:^{ ext{a}}$	LKI = 107.8	<.0001
SL	.89 (1, 65)	.3479
Temperature	9.23 (1, 65)	.0034
ID	LRT = 9.7	.0078
$U_{ m crit}$ :		
Week	2.42 (8, 58)	.0250
Temperature	17.90 (1, 58)	<.0001
ID	LRT = 8.8	.0123
$U_{ m crit}$ :		
Week	2.60 (8, 57)	.0171
SL	2.26 (1, 57)	.1380
Temperature ID	16.55 (1, 57) LRT = 7.4	.0001 .0247
$U_{ m crit}$ :	LKI = 7.4	.0247
Week	2.05 (8, 57)	.0568
SW/SL	.04 (1, 57)	.8334
Temperature	16.54 (1, 57)	.0001
ID	LRT = 4.5	.1054
$U_{ m crit}$ :		
Week	2.27 (8, 56)	.0353
SL	2.07 (1, 56)	.1555
SW/SL	.02 (1, 56)	.8761
Temperature	13.80 (1, 56)	.0005
ID	LRT = 4.7	.0954
$U_{ m crit}$ : Week	2.20 (8, 48)	.0437
SL	2.28 (1, 48)	.1372
SW/SL	.77 (1, 48)	.3855
Week × SW/SL	1.75 (8, 48)	.1106
Temperature	12.85 (1, 48)	.0008
ID	LRT = 4.6	.1003
$U_{ m crit}$ :		
Week	.52 (8, 48)	.8327
SL	1.88 (1, 48)	.1771
SW/SL	.01 (1, 48)	.9271
Week × SL	.55 (8, 48)	.8116
Temperature	<b>13.78</b> ( <b>1, 48</b> ) LRT = 3.5	.0005
$U_{ m crit}$ :	LK1 = 3.3	.1738
Week	2.17 (8, 57)	.0438
SW	.42 (1, 57)	.5178
Temperature	18.61 (1, 57)	<.0001
ID	LRT = 3.8	.1496
$U_{ m crit}$ :		
Week	2.36 (8, 56)	.0287

Table A4 (Continued)

Table A4 (Continuea)		
Trait and effect	F (df) or LRT	P
SL	1.85 (1, 56)	.1788
SW	.00 (1, 56)	.9539
Temperature	14.28 (1, 56)	.0004
ID	LRT = 4.8	.0907
$U_{ m crit}$ : Week	1.91 (8, 48)	.0804
SL	1.60 (1, 48)	.1850
SW	1.01 (1, 48)	.2123
Week × SW	1.49 (8, 48)	.3206
Temperature	13.18 (1, 48)	.0007
$U_{ m crit}$ :	LRT = 4.1	.1287
Week	.52 (8, 48)	.8342
SL	1.71 (1, 48)	.1972
SW	.00 (1, 48)	.9638
Week × SL	.55 (8, 48)	.8127
Temperature	13.60 (1, 48)	.0006
ID Sprint speed: <sup>a</sup>	LRT = 3.5	.1738
SL.	2.95 (1, 65)	.0907
Temperature	1.25 (1, 65)	.2681
ID <sup>1</sup>	LRT = 8.8	.0123
Sprint speed:		
Week	1.31 (8, 59)	.2554
Temperature ID	2.10 (1, 59) <b>LRT</b> = <b>15.0</b>	.1529
Sprint speed:	LK1 = 15.0	.0006
Week	1.17 (8, 57)	.3332
SL	1.71 (1, 57)	.1965
Temperature	1.97 (1, 57)	.1663
ID	LRT = 7.2	.0273
Sprint speed:		
Week	1.46 (8, 57)	.1918
SW/SL Temperature	.66 (1, 57) 2.69 (1, 57)	.4182 .1062
ID	LRT = 14.0	.0002
Sprint speed:		
Week	1.05 (8, 56)	.4143
SL	2.55 (1, 56)	.1158
SW/SL	1.54 (1, 56)	.2194
Temperature ID	1.33 (1, 56) <b>LRT</b> = <b>7.6</b>	.2535 <b>.0224</b>
Sprint speed:	LK1 - 7.0	.0224
Week	1.38 (8, 48)	.2272
SL	3.69 (1, 48)	.0608
SW/SL	.80 (1, 48)	.3767
Week × SW/SL	1.47 (8, 48)	.1916
Temperature	1.21 (1, 48)	.2776
ID Sprint speed:	LRT = 7.6	.0224
Week	.83 (8, 48)	.5828
SL	2.82 (1, 48)	.0998
SW/SL	1.26 (1, 48)	.2668
Week × SL	.91 (8, 48)	.5151
Temperature	1.56 (1, 48)	.2175
ID	LRT = 5.7	.0672
Sprint speed: Week	1.39 (8, 57)	2211
SW	.26 (1, 57)	.2211 .6124
Temperature	2.84 (1, 57)	.0975
ID	LRT = 13.8	.0010
Sprint speed:		
Week	.97 (8, 56)	.4669
SL	2.73 (1, 56)	.1041

Table A4 (Continued)

Trait and effect	F (df) or LRT	P
SW	1.25 (1, 56)	.2682
Temperature	1.47 (1, 56)	.2302
ID	LRT = 7.4	.0247
Sprint speed:		
Week	1.27 (8, 48)	.2790
SL	3.69 (1, 48)	.0608
SW	.54 (1, 48)	.4678
Week × SW	1.42 (8, 48)	.2134
Temperature	1.78 (1, 48)	.2885
ID	LRT = 7.5	.0235
Sprint speed:		
Week	.85 (8, 48)	.5662
SL	3.07 (1, 48)	.0861
SW	1.14 (1, 48)	.2919
Week × SL	.93 (8, 48)	.5034
Temperature	1.58 (1, 48)	.2150
ID	LRT = 5.8	.0550

Note.  $U_{\rm crit}$  = critical swimming speed; SL = standard length; SW = sword length. Models were evaluated using AICc from a maximum likelihood estimate (see table A2). For model comparison, only models with the same independent variable compared (e.g., SW models were not compared with SW/SL models). The significance of individuals as a random effect was included, with a likelihood ratio test (LRT) based on restricted maximum likelihood (REML) estimates and its significance presented (see "Statistical Analyses" for details). This is with TYPE = AR(1) in SAS PROC MIXED, METHOD = REML. Significant predictors are shown in bold.

<sup>a</sup>Best overall model based on AICc; see table A2.

**Table A5.** Results from repeated-measures ANOVAs and ANCOVAs comparing the control to the experimental group

Trait and effect	F (df)	P
SL:		
Week	414.97 (1, 15)	<.0001
Group	.73 (1, 15)	.4064
Week × group	.70 (1, 15)	.4150
SW:		
Week	43.28 (1, 14)	<.0001
Group	.16 (1, 15)	.6917
Week × group	.19 (1, 14)	.6681
SL	.49 (1, 14)	.4969
SW/SL:		
Week	124.68 (1, 15)	<.0001
Group	.67 (1, 15)	.4257
Week × group	.54 (1, 15)	.4746
$U_{ m crit}$ :		
Week	4.96 (1, 11)	.0478
Group	.87 (1, 15)	.3670
Week × group	.09 (1, 11)	.7638
SL	2.04 (1, 11)	.1809
SW	2.79 (1, 11)	.1233
Temperature	8.36 (1, 11)	.0146
Sprint speed:		
Week	.59 (1, 12)	.4583
Group	3.06 (1, 15)	.1007
Week × group	.20 (1, 12)	.6621
SL	.71 (1, 12)	.4170
SW	.00 (1, 12)	.9659
Temperature	1.72 (1, 12)	.2147

Note.  $U_{\rm crit}$  = critical swimming speed; SL = standard length; SW = sword length. See "Statistical Analyses" for detailed descriptions of repeated-measures design.